



MTC Sister Circle
My Sister, My Friend



Door Prizes

Free Massages

Refreshments

Make up samples

JOIN US AS WE KICK OFF THE FALL SEMESTER WITH A “BALANCING ACT” SEMINAR



The Balancing Act Seminar will provide students with tips and techniques for balancing school, work, and family. In addition, we will focus on the

8 Elements of Whole & Balanced Living

Free Copy of *New Balance
Keys to Personal
Sustainability and Whole
Living Book*

Seminars will be held:

Thursday, August 6 @ 12-2 Beltline Student Center

Room 201

&

Tuesday, August 11 @ 12-2 Airport Student

Commons Room 126

Please RSVP to Monica Edwards @
803-822-3508 or
edwardsmj@midlandstech.edu by
Monday, August 3!!