



## Go With Your Own Glow

The American Cancer Society estimates that approximately 8,110 Americans died in 2007 of skin cancer. Protect yourself. Before you shop for that new swimsuit purchase a few other things:

- Sunscreen (SPF 15 or higher)
- Sunglasses

Avoid the sun between 10 a.m. and 4 p.m. Tanning booths are a hazard to your health. Know your body. Look for changes in moles or new growths. For more information:

[http://www.cancer.org/docroot/PED/PED\\_7.asp?sitearea=PED](http://www.cancer.org/docroot/PED/PED_7.asp?sitearea=PED)