



AHS 127 Basic Patient Care

Health Sciences Department

Fall Semester 2009

Catalog Course Description: This course encompasses the study of basic procedures used for general patient care and skills to perform these tasks.

Prerequisite(s): AHS 102
Credit Hours: 3 credits (2 hr lecture and 3 hours lab)
Departmental Website: <http://www.midlandstech.edu/healthsciences/>
Instructor: See instructor addendum

Administrative Specialist: Bonnie Wood 822-3432
Program Coordinator: Dr. Richard Boan 822-3280 boanr@midlandstech.edu

Campus Mailbox: HSB 212

Textbook(s): Assisting with Patient Care 2nd ed. By Shelia Sorrentino, Mosby Publishers
Assisting with Patient Care Workbook 2nd ed. By Bernie Gorek

Equipment/Supplies:

BOX OF DISPOSABLE GLOVES
ISOLATION GOWN
SURGICAL MASK
BLOOD PRESSURE CUFF

STETHOSCOPE
TOOTHBRUSH AND TOOTHPASTE
DISPOSABLE RAZOR

Course Objectives: On completion of this course, the student should be able to:

1. Describe the organization of Health Care
2. Describe the roles and functions of assistive personnel
3. Describe work ethics and the qualities and traits of a successful health professional
4. Perform professional communication skills
5. Explain how culture and religion influence health and illness
6. Perform Basic Patient Care Skills

Intended Course Outcomes:

Course Outcome 1: The student will demonstrate knowledge of basic patient care skills.

Course Competency: The student will be able to show an understanding of principles and practices involved in basic patient care skills by obtaining a 75% or higher on the departmental final exam.

Performance Measurement Instrument and Success Criteria: The students will obtain a passing average of 75% on the departmental final examination

Course Outcome 2: The student will demonstrate a mastery of basic patient care skills.

Course Competency: The student will be able to show a clinical mastery of basic patient care skills by successfully passing the competency lab check-offs.

Performance Measurement Instrument and Success Criteria: Students will pass all check-offs.

Course Attendance: The quality of your learning experience in this class is determined in large by your active participation in the learning process. Therefore, it is important that you make every effort to attend every class. Students are expected to attend all classes and are responsible for class work, homework, lecture notes, reading assignments, etc., whether or not you are present.

There is no such thing as an "excused absence". On certain occasions, circumstances may arise, such as illness, personal issues or transportation problems that prevent you from attending class. In light of that, the maximum number of absences for lecture (no matter what the reason is -such as illness, out of town, etc.) allowed is twice the number of lecture meeting times per week. Maximum number of absences from lab are 2.

Students should not be late to class. Students who come in late interfere with the class presentation and disturb the other students in the class. Likewise, students should not leave in the middle of class or before class is dismissed. If you arrive after the roll has been taken, you will be marked absent. It is YOUR responsibility to see the instructor after class on THAT DAY so your absence can be changed to a tardy. Three tardies will be counted as one absence. Missing more than 10 minutes of class, (late arrival or early exit), will constitute an absence. The student is responsible for keeping up with the number of classes missed. Absences will be counted beginning with the first day of class

Additional items to consider:

- A. Incompletes are awarded only under extenuating circumstances, such as hospitalization, and require the permission of the instructor. All requests must be properly documented. Normally, the course work must be completed not later than the end of the following term.
- B. The instructor is not required to permit makeup work after the fact and may assign a grade of "0". Submitting makeup work for grades may be permitted at the discretion of the instructor provided you make arrangements with your instructor **prior to the due date** of the assignment in question.
- C. You are responsible for making sure all work reaches the instructor. All assignments should be submitted directly to the instructor; if assignments are submitted in any other way, they must be clearly labeled with the instructor's name.

Withdrawal: Should the maximum allowable absences be exceeded prior to midterm, a "W" will be submitted to the registrar to be recorded on the student's transcript. Should the maximum allowable absences be exceeded after midterm, a "W" will be submitted to the registrar if the student was passing the course at the time of withdrawal OR a "WF" will be submitted if the student was failing the course at the time of withdrawal.

Course Requirements: This is a clinical competency class. You must master 10 out of 10 clinical competencies to receive a passing grade for the course.

Make up competency labs are at the discretion of the instructor.

Course Grading: **YOU MUST PASS LAB COMPETENCIES TO PASS COURSE!**

60% Tests, Quizzes, Homework Assignments and other assignments
40% Final Examination

| | | | |
|-----------------------|--------|---|---------------------|
| Grading Scale: | 92-100 | A | Superior Work |
| | 84-91 | B | Good Work |
| | 75-83 | C | Average Work |
| | 0-73 | F | Unsatisfactory Work |

Classroom Rules/Other: Mastering the content of this course requires regular attendance in class, consistent study of text material and class notes, and preparation of homework assignments. Students are expected to **BE PREPARED**

FOR and PARTICIPATE in every class meeting. Students are expected to have all assignments completed by the due date.

You are in college. You will be treated and respected as an adult. It is a violation of the MTC Student Code to interfere with the learning process in the classroom. Courteous, attentive behavior is expected at all times. Disruptive behavior in any form will not be tolerated. Students engaged in such behavior will be dismissed from class and subject to disciplinary procedures.

It is expected that all beepers and cellular telephones will be turned off or “set” to the silent mode during class. You may not receive or place telephone calls during class.

No electronic devices will be (including, but not limited to I-pods, MP3 players, etc) will be permitted in class. Tape recorders may be permitted at the discretion of the instructor. A Laptop computer is allowed only if the student uses it to take notes during class.

Be on time! It is inconsiderate to your classmates and disruptive to the class to arrive late. Students are expected to be in their seats ready to start class at the beginning of the class. Leaving during class should only be in case of an emergency. If you know you must leave early, please let the instructor know ahead of time.

Prior to each class, the student should review the previously covered material of the last class period. Additionally, the next chapter should be reviewed, in depth, for complete understanding and class participation.

AHS 127 BASIC PATIENT CARE
COMPETENCY LIST

| <u>SKILL</u> | <u>DATE</u> | <u>INSTRUCTOR SIGNATURE</u> |
|--|-------------|-----------------------------|
| Hand Washing | | |
| Applying and Removing PPE | | |
| Body Mechanics | | |
| Applying Restraints | | |
| Brushing the Patient's Teeth | | |
| Shaving the Patient | | |
| Feeding the Patient | | |
| Performing Range-of-Motion Exercises | | |
| Taking the Patient's Vital Signs | | |
| Complete Bed Bath, Dressing and Undressing the Patient | | |

Course Topic Outline/Course Calendar with Assignments:

| UNIT | TOPIC | CHAPTER |
|------|--|------------------|
| 1 | INTRO TO COURSE AND SYLLABUS | |
| | WORK ETHICS | 3 |
| | HEALTH CARE TODAY | 1 |
| | ROLES AND FUNCTIONS OF ASSISTIVE PERSONAL | 2 |
| | TEST ONE | |
| 2 | COMMUNICATING WITH THE HEALTH CARE TEAM | 4 |
| | THE WHOLE PERSON AND BASIC NEEDS | 6 |
| | COMMUNICATING WITH THE PERSON | 7 |
| | HEARING AND VISION PROBLEMS | 32 |
| | TEST TWO | |
| 3 | PREVENTING INFECTION | 13 |
| | PREVENTING INFECTION/BODY MECHANICS | 13-14 |
| | BODY MECHANICS/SAFETY | 14-11 |
| | SAFETY | 11 + pgs 781-786 |
| | TEST THREE | |
| 4 | RESTRAINTS | 12 |
| | PERSONAL HYGIENE/GROOMING | 16-17 |
| | “ | 16-17 |
| | TEST FOUR | |
| 5 | NUTRITION | 21 |
| | EXERCISE & ACTIVITY | 24 pages 616-621 |
| | REHAB & RESTORATIVE CARE | 37 |
| | TEST FIVE | |
| 6 | TUES OFF ELECTION DAY/OXYGEN NEEDS | 23 |
| | OXYGEN NEEDS/MEASURING VITAL SIGNS | 25 |
| | MEASURING VITAL SIGNS | 25 |
| | ASSISTING WITH PHYSICAL EXAM/HEAT AND COLD APPS | 28, 31 |
| | TEST SIX | |
| 7 | COMMON HEALTH PROBLEMS/MENTAL HEALTH PROBLEMS/CONFUSION-DEMENTIA | 33-35 |
| | THE DYING PERSON | 40 |
| | TEST SEVEN | |

PLEASE NOTE: Should change become necessary, the instructor reserves the right to adjust the requirements, pace, or scheduling of this course. Any change will be announced in class before it becomes effective.



College Policies

Students are expected to read the student handbook and abide by its policies. Copies of the handbook may be obtained at various locations on campus and is located on the web:
<http://www.midlandstech.edu/planner/>

Academic Dishonesty: The Student Code addresses what constitutes academic dishonesty. All forms of dishonesty including, but not limited to, cheating on tests, plagiarism, collusion and falsification, will call for discipline.

CHEATING ON TESTS includes:

Copying from another student's paper.

Using materials during a test not authorized by the person giving the test.

Collaborating with any other person during a test without permission.

Knowingly obtaining, using, buying, selling, transporting, or soliciting in whole or part the contents of any un-administered test.

Bribing any other person to obtain information about tests.

Substituting for another student, or permitting another student to substitute for one-self.

PLAGIARISM is the appropriation of any other person's work and unacknowledged incorporation of that work in one's own work offered for credit.

Campus Emergency Protocol: Students and employees are asked to report safety concerns or suspicious activities to Campus Security at 7199 (on campus) or 738-7199 (cell phone or off campus). In the event of an emergency, employees and/or students should immediately call Campus Security or local 911. If an emergency occurs, the college will use a variety of methods to communicate additional information and instructions including the MTC Information Centers, campus loud speakers, MTC Alerts! (http://www.midlandstech.edu/Phone_Alert.htm), voice mail, email, college Intranet, and the MTC website homepage.

Inclement Weather Policy: In the event weather conditions or other emergencies cause the closing or a delayed start of Midlands Technical College, announcements will be made over local radio and TV stations, on the MTC Web site, and on the college's information line (803-738-8234). Notices will be sent to students via Campus Cruiser Mail when applicable. Separate announcements may be made for day and evening classes as weather conditions change during the day.

If the college closing or reopening means that there is at least 30 minutes of a class remaining, plan to attend that class. For example, if the college opens at 10:00 a.m. in TTH, classes that normally meet at 8:00 a.m. will not meet, but classes beginning at 9:30 a.m. will meet. If the college closes at 8:00 p.m., 6:00 p.m. classes will meet for their regular time, but 7:35 p.m. classes will not meet since there are fewer than 30 minutes remaining in class.

Student E-Mail Accounts: All MTC students are assigned a college e-mail account upon admission to the college. This account is called "Campus Cruiser Mail." Campus Cruiser Mail is the primary mode by which the college communicates with students. Students are responsible for checking their college e-mail on a regular basis for important information and announcements about registration, financial aid, cancelled classes, emergency announcements and other notices. Students can use their college e-mail accounts to communicate with faculty, staff, fellow students, and others, in support of their educational pursuits. In addition to e-mail, students will also have access to maintaining personal calendars and "tasks lists" through their Campus Cruiser e-mail account.

Student Evaluation of Instruction: Students have the opportunity to evaluate this course. The confidential evaluation process is conducted through MTC Online using the individual student's username and password. Announcements will be made during the term concerning how and when to complete the online evaluation. Students are encouraged to participate in this process.

Students Requiring Special Accommodations: If special accommodations are needed for a student with a disability, the student should go to Counseling Services on Beltline or Airport Campus for assistance. Documentation regarding a specific disability is required in order for special arrangements to be made. Confidentiality of information received will be maintained.